

Jana Noyes - Reflections on Meeting for Worship, January 7, 2024

Today, in Meeting for Worship, we seemed to have a common theme running through our hearts, of spiritual connection and community; from calling upon each other when we need help, to the palpable sense of the Spirit among us in waiting worship.

I am reminded of a story I heard on the "Quakers Today" podcast of 11/15/22, entitled "Quakers and Fiction". The story, "The Conduits" by Anne E.G. Nydam, a member of the Wellesley (Mass.) Meeting, described that palpable sense of Spirit through the experience of a little girl in the meeting. The full story is published in the Quaker Journal issue of November 2022.

Although I would not have chosen the term "conduits" to describe it, I too have had the experience in Meeting for Worship; that palpable sense of energy flowing amongst all of us, connecting us spiritually.

"Be still and cool in thy own mind and spirit from thy own thoughts, and then thou wilt feel the principle of God to turn thy mind to the Lord God, whereby thou wilt receive his strength and power from whence life comes..."

George Fox, 1658